



SUPPLYING FOODSERVICE SOLUTIONS
SCHIFF'S FOOD SERVICE, INC.

Lenten Specials

Coconut Shrimp & Waffles



Sea. Taste. Enjoy!

Create a perfectly sweet & savory bite with these coconut shrimp & waffles.

Top a prepared **Belgian waffle** (#254203) with **3 fried coconut shrimp** (#338087) and dark-rum infused maple syrup with pecans. To prepare the syrup, slowly heat **3 oz of maple syrup** in a sauce pan, then add **2 tbsp toasted pecans** (#260029) and **1 tbsp toasted coconut**. Slowly whisk in **1 tbsp dark rum** and **1 tbsp butter** (#415038).

Featuring...

Mrs Friday's Shrimp, 16-20, Coconut Breaded, Deep Cut (#338087, 4/2.5 lb)

Check out more great items from this vendor...

Mrs. Friday's Shrimp Breaded Buffalo (#338041, 4/2.5 lb)

Mrs. Friday's Breaded Buttermilk 75 ct Popcorn Shrimp (#338056, 4/2.5 lb)

Mrs. Friday's Shrimp Pouch, 31-40, Butterflied (#338082, 12/6 oz)

Mrs. Friday's Shrimp, 16-20, Home-style Breaded, Deep Cut (#338086, 4/3 lb)

Mrs Friday's Shrimp, 16-20, Coconut Breaded, Deep Cut (#338087, 4/2.5 lb)

HIGH LINER FOODS *Bring flavor with value added items!*

Icelandic Cello Haddock, Bnls/Sknls Fillets (#342062, 10/5 lb)

Natural Cut Corona Beer Battered Cod (#346291, 80/2 oz)

Natural Cut Corona Beer Battered Cod (#346298, 40/4 oz)

Upper Crust Coconut Crusted Tilapia (#346302, 32/5 oz)...**\$.50 off/cs**

Upper Crust Tortilla Crusted Tilapia (#346303, 32/5 oz)...**\$.50 off/cs**

Upper Crust Parmesan/Herb Crusted Tilapia (#346314, 32/5 oz)...**\$.50 off/cs**

Fire Roaster Rustic Italian Cod (#346325, 32/5 oz)

Fire Roaster Citrus Peppercorn Tilapia (#346327, 32/5 oz)...**\$.50 off/cs**

Big Bob's Belly Buster 10 oz Haddock (#346600, 1/10 lb)...**\$.50 off/cs**

Big Bob's Belly Buster 8 oz Cod (#346601, 1/10 lb)





- 31-40 ct Shrimp Skewers, Raw, Tail-on (#338011, 6/1.5 lb)...\$1.00 off/cs
- 21-25 ct Tempura Battered Torpedo Shrimp (#338048, 4/2.5 lb)...\$1.00 off/cs
- 16-20 Coconut Breaded Shrimp (#338066, 4/3 lb)...\$1.00 off/cs
- 16-20 ct Panko Breaded Clean Tail Shrimp (#338068, 4/3 lb)...\$1.00 off/cs
- 21-25 ct Panko Breaded Clean Tail Shrimp (#338070, 4/3 lb)...\$1.00 off/cs
- 30-40 Panko Breaded Scallops (#338077, 4/2.5 lb)...\$1.00 off/cs
- Panko Breaded Calamari Rings (#342030, 4/2.5 lb)
- Lightly Dusted Calamari Rings & Tentacles (#346027, 4/2.5 lb)
- Battered Pub Style 2-3 oz Cod (#346140, 4/2.5 lb)

Seacuterie Board



Make a splash this Lenten season with **Seacuterie boards**! Mix and match different seafood, sides, and tasty dipping sauces! You can do a variety of seafood or build your board around a theme like bagels & lox, Mediterranean or Asian inspired, or even a lobster BLT!



Serving Suggestions

These are just a few suggestions. Create any board you can imagine!

Seafood

- Popcorn Shrimp (#338056)
- Shrimp Skewers (#338011)
- Torpedo Shrimp (#338048)
- Panko Breaded Scallops (#338077)
- Breaded Calamari Rings (#342030)
- Mini Seafood Cakes (#342540)
- Smoked Salmon (#346285)
- Lobster Sensations (#346455)

Fruit & Veggies

- Cherry Tomatoes (#510870)
- Celery Sticks (#510240)
- Sliced Cucumber (#510255)
- Grapes (#500410)
- Lemon Wedges (#500591)
- Seaweed Salad (#346901)
- Olives (#232041)
- Pickled Red Onions (#300372)

Carbs & Crunch

- Baguette Slices (#290641)
- Almonds (#260028)
- Salted Cashews (#260051)
- Breadsticks (#250343)
- Fresh Potato
- Chips (#302534)

Dipping Sauces

- Dijon Honey Mustard (#210203)
- Cucumber Wasabi (#210205)
- Remoulade (#216447)
- Sweet Red Chili (#216923)
- Garlic Parmesan (#216951)
- Dill Pickle Aioli (#216444)

- Basil Pesto (#216321)
- Cocktail Sauce (#216009)
- Hot Sauce (#216144)
- Sweet & Sour (#216007)

Cheeses

- Cream Cheese (#435209)
- Gruyere (#446440)
- Gouda (#446355)

MARKFOODS™



Ahi Tuna Steak, 4 OZ (#342099, 40/4 oz)...**\$1.00 off/cs**

Ahi Tuna Steak, 8 OZ (#342100, 20/8 oz)...**\$1.00 off/cs**

Ahi Tuna Steak, 6 OZ (#342101, 26/6 oz)...**\$1.00 off/cs**

Ahi Tuna Steak, 10 OZ (#342104, 16/10 oz)...**\$1.00 off/cs**

Atlantic Salmon, Center Cut, Sknls, Bnls

(#342098, 20/8 oz)...**\$1.00 off/cs**

Atlantic Salmon, Center Cut, Sknls, Bnls

(#342119, 28/6 oz)...**\$1.00 off/cs**

Cold Smoked Salmon Sides (#346285, 5/2 lb avg)...**\$1.00 off/cs**

Warm Water Lobster Tails, 3 OZ (#340119, 1/10 lb)...**\$168.50/cs**

Warm Water Lobster Tails, 5 OZ (#340121, 1/10 lb)...**\$199.95/cs**

Warm Water Lobster Tails, 7 OZ (#340128, 1/10 lb)...**\$199.50/cs**

Warm Water Lobster Tails, 9 OZ (#340131, 1/10 lb)...**\$194.50/cs**



Scallop Medallions, 20-30 ct (#342126, 2/5 lb)...**\$3.00 off/cs**

IQF Dry Scallops, 20-30 ct (#342133, 2/5 lb)...**\$3.00 off/cs**

IQF Dry Scallops, 10-20 ct (#342136, 2/5 lb)...**\$3.00 off/cs**

IQF Dry Scallops, 80-120 ct (#342137, 2/5 lb)...**\$3.00 off/cs**

Scallop Medallions, 10-20 ct (#342146, 2/5 lb)...**\$3.00 off/cs**

Spinach & Florentine Stuffed Salmon Pinwheels (#342145, 20/4 oz)...**\$3.00 off/cs**

Stuffed Salmon with Spinach & Florentine (#342147, 1/6-8 lb avg)...**\$3.00 off/cs**



Campbell's
FOODSERVICE
MADE TO SERVE™



Soups to satisfy

Cauliflower Cheddar Soup (#314077, 4/4 lb bag)...**\$1.50 off/cs**

Broccoli & Cheddar Soup (#312244, 4/4 lb bag)...**\$1.50 off/cs**

Creamy Tomato with Basil Bisque (#312258, 3/4 lb bag)...**\$1.50 off/cs**

Culinary Reserve Lobster Bisque with Sherry (#312178, 4/4 lb bag)...**\$1.50 off/cs**

Culinary Reserve New England Clam Chowder (#312226, 4/4 lb bag)...**\$1.50 off/cs**



Crab, Corn & Leek Risotto



Newport
International

Create a
creamy,
decadent

risotto with lots of bright bursts of flavor! In a large heavy bottom pot over medium low heat add **2 tbsp of EVOO** (#256590) and **3 tbsp of butter** (#415038) and allow to heat. Add **1 c leeks, white parts washed & diced** (#570365), **1 c corn** (#202090) and **1 clove garlic, minced** (#510345). Cook until the garlic is fragrant but no color, about two minutes. Add **1 c Arborio rice** (#220698) and stir

to coat. Cook until rice begins to toast and smell slightly nutty, about 3 minutes. Increase the heat to medium and add **1/2 c white wine**. Allow the wine to almost fully cook off, stirring frequently. Begin to add vegetable stock 1 cup at a time, until you've added **3 cups of vegetable broth**. Stir frequently until almost all of the liquid is absorbed before adding additional stock. Repeat this process until the rice is very al dente. Add additional **4 tbsp of butter** and stir to combine. Add **8 oz crab meat** (#890005) and gently fold to combine, using a rubber spatula, season to taste with salt and pepper. Transfer the risotto to a parchment lined full size sheet pan and spread the risotto evenly and allow to cool. Cut into portions and heat on a griddle to serve. Garnish with a **drizzle of pesto** (#216321).

Featuring...

Jack's Catch Blue Crab, Super Lump Crab Meat (#890005, 12/1 lb)...\$1.00 off/cs

Check out more great items from this vendor...

Imitation Crab Meat Chunks Red & White (#340391, 12/2.5 lb)...\$69.73/cs

Imitation Crab Meat Chunks All White (#340393, 12/2.5 lb)...\$69.73/cs

Jack's Catch Blue Crab, Super Lump Crab Meat (#890005, 12/1 lb)...\$1.00 off/cs

Jack's Catch Blue Crab, Chinese Lump Crab Meat (#890013, 12/1 lb)...\$1.00 off/cs

Jack's Catch Blue Crab, Claw Crab Meat (#890015, 12/1 lb)...\$1.00 off/cs

Jack's Catch Blue Crab, Jumbo Lump Crab Meat (#890016, 12/1 lb)...\$1.00 off/cs

Jack's Catch Blue Crab, Select Jumbo Lump Crab Meat (#890018, 12/1 lb)...\$1.00 off/cs

Jack's Catch Blue Crab, Colossal Crab Meat (#890019, 12/1 lb)...\$1.00 off/cs

Jack's Catch Blue Crab, Backfin Crab Meat (#890031, 12/1 lb)...\$1.00 off/cs



More great seafood...

Haddock, Bnls/Sknls, 6-8 oz (#342054, 1/10 lb),
Haddock, Bnls/Sknls, 10-12 oz (#342055, 1/10 lb)
Haddock, Bnls/Sknls, 8-10 oz (#342056, 1/10 lb)

Swai, Bnls/Sknls, 5-7 oz (#342070, 1/15 lb)
Swai, Bnls/Sknls, 7-9 oz (#342072, 1/15 lb)

Sea Bass Bellies, Bnls/Sknls (#346168, 20/8 oz)

Cod Loins, 5 oz (#346277, 1/10 lb)
Cod Loins, 6 oz (#346278, 1/10 lb)
Cod Loins, 4 oz (#346290, 1/10 lb)
Cod Loins, 8-10 oz, Bnls/Sknls (#346280, 1/10 lb)

Tilapia Fillets, 3-5 oz, IVP, Bnls/Sknls (#346317, 1/10 lb)
Tilapia Fillets, 7-9 oz, IVP, Bnls/Sknls (#346319, 1/10 lb)
Tilapia Fillets, 5-7 oz, IVP, Bnls/Sknls (#346320, 1/10 lb)

Plaice Flounder, 6 oz (#342160, 26/6 oz)
Plaice Flounder, 4 oz (#342170, 40/4 oz)
Plaice Flounder, 5 oz (#342174, 32/5 oz)

Natural Trout Fillets, 9-11 oz (#342212, 1/10 lb)

IVP White Shell Clams, 17-22 ct (#346002, 10/1 lb)
IVP White Shell Clams, 11-16 ct (#346010, 10/1 lb)

Mahi Mahi Fillets, 6 oz (#342088, 1/10 lb)

Orange Roughy Fillets, 6-8 oz (#342097, 1/22.05 lb)

Center Cut, IVP, Bnls/Sknls Salmon (#342098, 20/8 oz)
Center Cut, IVP, Bnls/Sknls Salmon (#342119, 28/6 oz)



"Basket Style" Pouch Breaded, Tail-on Shrimp (#338050, 12/8 oz)
Landshark Beer Battered 31-35 Shrimp (#338004, 4/2.5 lb)
Pickle Fries Dipt'n Duste'd (#300490, 5/2 lb)
Pickle Chip Dill Dipt'n Duste'd (#300503, 4/2.5 lb)

White Pierogi Pizza



Give the traditional white pizza a *mini* makeover! Preheat convection oven to 375°F. Mix together **1 lb**

ricotta cheese (#420111) and **1 tbsp olive oil** (#256510). Add **4 cloves minced garlic** (#510345), **1 tbsp dried basil** (#264041), **2 tsp dried oregano** (#264256), salt & pepper to taste, and **8 oz grated Parmesan cheese** (#435660) to the ricotta. Mix to combine. Add **2 lbs mozzarella** (#430075) to the ricotta mixture and mix to incorporate. Put the cheese mixture on **large pre-packaged pizza**

crust (#318978) with approximately **15 to 20 frozen Mrs. T's Mini Classic Cheddar pierogies** (#302208). Bake for 10 to 15 minutes or until golden brown.

Featuring...

Mrs. T's Mini Potato & Cheese Pierogies (#302208, 4/2.5 lb)

Check out more great items from this vendor...

Potato & Cheese Pierogies (#302172, 4/72 ct)

Mini Potato & Cheese Pierogies (#302208, 4/2.5 lb)



Lobster Ravioli, 72 ea (#320406, 2/3 lb)...\$1.00 off/cs

Maryland Blue Style Crab Ravioli, 66 ea (#320408, 2/3 lb)

Grilled Vegetable Ravioli, 90 ea (#320416, 2/3 lb)...\$1.00 off/cs

Mushroom Ravioli, 66 ea (#320422, 2/3 lb)

Shrimp & Roasted Garlic Ravioli, 96 ea (#320458, 2/3 lb)

Cheese Sacchetti, 162 ea (#320426, 2/3 lb)...\$1.00 off/cs



Serve delicious, fun flavors!

Potato & Cheese Pierogies (#302191, 6/1 doz)

Dill Pickle Pierogies (#302195, 6/1 doz)

Jalapeno Popper Pierogies (#302193, 6/1 doz)

Roasted Garlic Pierogies (#302196, 6/1 doz)

Purchasing's Pick



Our Lenten feature staff pick comes from buyer, *Tori Evanina*. Her pick is **Stone Silo mini seafood cakes** (#342540). These are packed 100/2 oz cakes. Stone Silo

mini seafood cakes are handmade using a blend of shrimp, crab and scallops. These seafood cakes contain no filler of any kind. These are hand formed for that "in-house" look without the in-house work. Tori suggests you use the minis for seafood cake-stuffed mushrooms, a creation by her wedding caterer and SFS customer, The Avenue. She knows from experience these make a crowd pleasing appetizer!



SFS Meats for the Rest of the Week...

SFS Beef Sirloin Ball Tip Steak...(#740962, 1/4-3 ctew)...**\$.20 off/lb**

SFS Breakfast Rope Sausage, FF (#650037, 1/10 lb)...**\$2.00 off/cs**

SFS Pork Ground Fine... (#720375, 2/5 lb avg)...**\$.20 off/lb**



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